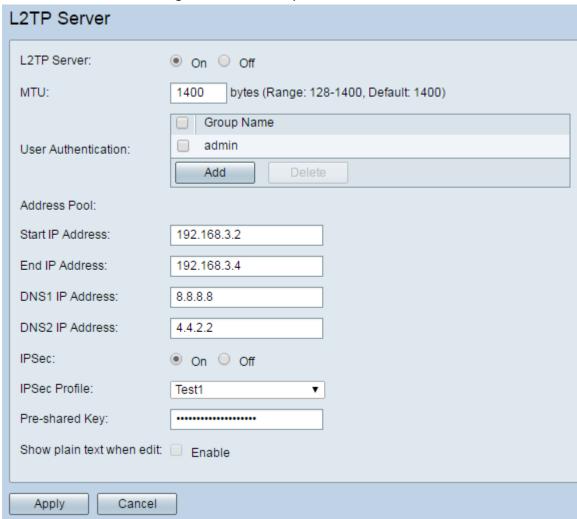To connect an L2TP VPN, first go and create a User Account and User group (if preferred):
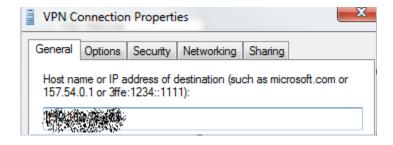
enable the L2TP VPN choosing the created IPSec profile:

On your Windows computer, create the new VPN connection and when is created, select Properties.
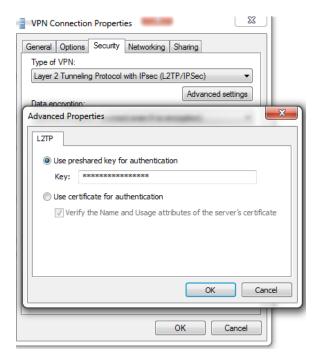
Put the public IP address of the router under General tab:

Under Security, select the following configuration:

And under Advanced Settings put the PreShared Key of the tunnel:

Then you can go ahead and put your user and password credentials created on the User Account tab on the router and it should connect: